

Class Timetable

Tuesday

6.00am to 6.30am | MetaPower™
6.30am to 7.00am | Sub30 Core™
7.00am to 7.30am | GetFit in 30*
5.30pm to 6.00pm | MetaPower™

Wednesday

6.00am to 6.45am | Spin
6.45am to 7.15am | Metafit™

Thursday

6.00am to 6.30am | MetaPower™

Friday

6.00am to 6.45am | Spin
9.00am to 9.30am | MetaFit™

MetaFit™

Wed | 6.45am to 7.15am
Fri | 9.00am to 9.30am

MetaPower™

Tue | 6.00am to 6.30am
Tue | 5.30pm to 6.00pm
Thu | 6.00am to 6.30am

Spin

Wed | 6.00am to 6.45am
Fri | 6.00am to 6.45am

Sub30 Core™

Tue | 6.30am to 7.00am

GetFit in 30 @ Home*

Tue | 7.00am to 7.30am

*GetFit in 30 @ Home is a Virtual Class

★★ Ask us about our ★ FREE ★ 5 day guest pass ★★

Bookings essential to confirm place in the class | Classes limited to 20 participants

Want to do some 1 on 1 training? Talk to me about MetaPro PT.

Times don't suit? No problem! Bring some friends and we'll train you at a time that works for you!

Corporate Training Available - Get your workmates together and I will train you at your workplace!

13 Grove Road, Blenheim

www.get2itfitness.co.nz

Ph: 02 148 7903

Studio Hours: 5.30am to 6.00pm

Get2it
fitness studio 